

Church High

‘Major Games & Major Exams’

Where are you now?

- 6 Months until Exams
- Don't lose sight
- Christmas
 - Use it to succeed
 - Keep the momentum
- ‘Be the best you can be’
- How I've succeeded!!!



Peaking!



- Mock exams,
Predicted Grades,
University Offers
 - Darlington Open
- Peak Performance –
A level Exams
 - Major Games/Olympics

Plan it.... then take small steps towards your goal!

- Focus through planning
- Keep it simple
 - ‘2 lengths of the pool’
- **YOU** take responsibility
- Find your team
 - Team Cook

Enjoy!!!



